

To help you care for yourself, the nurse will talk to you about:

- Breast care
- Signs and symptoms of illness
- Taking care of yourself
- Postpartum activity
- Sleep needs
- Nutrition needs
- Birth control methods
- Prevention of sexually transmitted diseases

For more information on postpartum newborn home visits, or to ask for a newborn home visit, call your local public health department: or contact the toll-free DHEC Careline at: **(800) 868-0404**

Public Health Department	Phone Number
Abbeville	(864) 366-2131
Aiken	(803) 642-1687
Allendale	(803) 584-3818
Anderson	(864) 260-5541
Bamberg	(803) 245-5176
Barnwell	(803) 541-1061
Berkeley	(843) 740-1580 (242)
Beaufort	(843) 525-7615
Calhoun	(803) 874-2037
Clarendon	(803) 435-8168
Charleston	(843) 740-1580, (242)
Cherokee	(864) 487-2705
Chester	(803) 385-6152
Chesterfield	(843) 623-2117
Colleton	(843) 549-1516 (118 or 119)
Darlington	(843) 398-4400
Dillon	(843) 774-5611
Dorchester	(843) 740-1580 (242)
Edgefield	(803) 637-4035

Public Health Department	Phone Number
Fairfield	(803) 635-6481
Florence	(843) 661-4835
Georgetown	(843) 546-5593
Greenville	(864) 282-4100
Greenwood	(864) 942-3600
Hampton	(843) 943-3878
Horry	(843) 365-3126
Jasper	(843) 525-7615
Kershaw	(803) 425-6012
Lancaster	(803) 286-9948
Laurens	(864) 833-0000
Lee	(803) 484-6612
Lexington	(803) 791-3580
Marion	(843) 423-8295
Marlboro	(843) 479-6801
McCormick	(864) 852-2511
Newberry	(803) 321-2170
Oconee	(864) 882-2245
Orangeburg	(803) 536-9060
Pickens	(864) 898-5965
Richland	(803) 576-2980
Saluda	(864) 445-2141
Spartanburg	(864) 596-3302
Sumter	(803) 773-5511
Williamsburg	(843) 355-6012
Union	(864) 429-1690
York	(803) 909-7300

Postpartum



Newborn Home Visit

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A Healthy Start for You and Your Baby



What is a Postpartum Newborn Home Visit?

The postpartum newborn home visit is a service for new moms and their babies. This service is covered by your Medicaid insurance. In some counties, families without Medicaid insurance can also receive this service.

After you and your baby leave the hospital, many changes take place. The postpartum newborn home visit is important because a nurse will come to your home to make sure you and your baby are doing well.

Someone will call you (or a relative) to schedule a time for the nurse to visit with you in your home. This nurse will usually spend one to two hours with you and your baby.



What Will the Nurse Do?

- Ask questions about your health and your baby's health
- Weigh your baby
- Do a physical exam on your baby
- Check your blood pressure
- Do a partial physical exam on you, if needed
- Help you get doctor's appointments for you and your baby
- Give you a method of birth control (condoms), if needed
- Tell you about other community resources (your health care provider, WIC, BabyNet, and others)
- Answer your questions



To help you care for your baby, the nurse will talk to you about:

- Well child care
- Immunizations
- Safety in the car, home and other places
- Hand washing
- Signs and symptoms of illness
- Taking care of baby's skin and mouth
- Umbilical cord and circumcision care
- Breastfeeding or bottle feeding
- Infant sleep patterns/ sleep safety/SIDS
- Shaken baby syndrome
- Second-hand smoke and other substances
- Baby's brain development



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